

LETTER TO THE EDITOR

The Independent (as sent 29/10/17)

MORE FLUORIDE EMBARRASMENT

Dear Editor,

The Australian Department of Defence (DOD) and Federal Health will be in damage control following The ABC's Four Corner's program aired on October 9. The program revealed potential damage to surface waters, groundwater and drinking water near 18 airbases in Australia.

The government knew about the extreme toxicity risks associated with the fire retardant chemicals used since 1987, but chose to suppress this information. A class action against the DOD is being mounted by affected citizens of Oakey, west of Brisbane.

Ironically, the fire retardant organic acids are not explicitly identified in the program, but are referred to collectively as PFAS, and PFOA and PFOS individually. The latter are toxic fluorine compounds that can enter drinking water and the food chain causing biological damage.

The fluoridating agent used mostly in Australia's drinking water is fluorosilicic acid, which is toxic to our tissues and physiological processes. Our Federal and state health departments assure us that it is "safe for our health" at the very low concentration (i.e. 1 part per million in water) used to "prevent tooth decay". Many scientists and informed health professionals reject these claims unreservedly.

The public should know that all fluorine compounds are potentially toxic to our body tissues and should never get into our water supplies. Hopefully this latest revelation will bring fluorine/fluoride and toxicity together in sharp focus.

Chemist Dr. Geoff Pain will speak on health impacts of water fluoridation at the Westport Club on November 9, from 5 pm. Contact CAF Inc. President Paul Jones on 65827836. Admission is \$10.

John Lusk
Port Macquarie

– EXPERT CHEMIST SPEAKING AGAINST FLUORIDATION : 29/10/17

Chemist Dr. Geoff Pain will be visiting Port Macquarie on 9 November 2017 at the invitation of Paul Jones, President of Citizens Against Fluoridation Inc. (CAF Inc.). Geoff will discuss water fluoridation on local ABC radio at 9.00 a.m., inspect the Rosewood water fluoridation facility during the day and be guest speaker at the Westport Club, assembling at 5.00 p.m.. Door admission is \$10.

Dr. Pain is especially interested in health impacts and health risks associated with water fluoridation and fluorine-based chemicals Australia-wide. On October 9, 2017, the Four Corners ABC TV program highlighted serious health issues associated with the use (and abuse) of fire retardant chemicals used at 18 air force bases around Australia during the past couple of decades. Although acknowledged as highly toxic, but not explicitly identified on the program, the offending chemicals are environmentally destructive fluorine-based organic acids (e.g. PFOS = $C_8HF_{17}O_3S$).

Port Macquarie's water supply was fluoridated in February, 2012, following a 71% vote of rejection of water fluoridation in a 1991 council plebiscite. By a cruel turn of events, informed citizens were denied their democratic expectation to vote again on this issue.

The fluoridating agent used locally is inorganic fluorosilicic acid (H_2SiF_6) in greatly diluted form (i.e. at 1 part fluoride to 1 million parts of water). In concentrated form, as trucked and stored on site at the Rosewood Plant, this chemical is highly corrosive and a dangerous S6 poison. It is a profitable waste product for the superphosphate manufacturing industry because councils pick up the cost for its removal and “safe” dispersal into the wider environment. This process is undeniably a form of government-approved environmental pollution.

Most local citizens accept the assurances of their dentists, Port Macquarie-Hastings Council, NSW Health, and Federal Health in turn that fluoridated water assists in reducing tooth decay and is “safe” to drink. Apart from conceding a causative link to dental fluorosis which does not impair functionality, “no proven” long-term harms are admitted.

Dr. Pain will demolish these dismissive claims and suggest how citizens can fight back.

Fluoridation – Enemy of All

14/5/2017

Industrial fluoride began life as a chemical catalyst and/or waste by-product – mainly of the fertilizer, aluminium and ceramic industries. Together these industries caused a huge fluoride environmental problem involving air, waterway and landfill pollution.

The US government in 1930, on the advice of its Environmental Protection Agency, initiated the experiment of adding small amounts of sodium fluoride to the water supplies of towns near these industries. The rest is history.

In 2010, Drs. Connett, Beck and Micklem published their book entitled, “The Case Against Fluoride: How Hazardous Waste Ended Up in Our Drinking Water and the Bad Science and Powerful Politics That Keep It There.” This book was written to challenge fluoride-promoting governments and scientists to objectively examine all of the available relevant science and to encourage debate on the fluoridation issue.

In 2012 the Port Macquarie-Hastings Council fluoridated the water supply under the direction of NSW’s Secretary of Health. No safety warnings were issued because all levels of government claim water fluoridation is “safe” and “effective” in reducing decay rates.

We should be fully aware that Australian health departments have no idea how much total fluoride/kilogram of body weight, or “dose”, individuals consume each day. Aside from the fluoridated water we may choose to drink, we also absorb fluoride through the skin while showering, while cleaning our teeth with fluoridated toothpaste and/or using dental rinses/gels, and importantly from our beverages and foods, including bread made with fluoridated water.

Dental fluorosis is the key indicator of fluoride poisoning during tooth development. Health departments, backed up by most dentists, shrug off this harm as “as small price to pay for lowered decay rates”. However the US is concerned over increasing rates of dental fluorosis and is considering lowering the “optimal” level of fluoride in water by 30%. But not Australia!

Fluorine-containing compounds are amongst the most poisonous known to chemists. 1080 feral pest poison and sarin gas are two better-known examples. The fluorosilicic acid (industrial waste) used to fluoridate our drinking water is another example. Some medical anaesthetics and many pharmaceutical drugs contain fluorine in their chemical structures. Just Google the drug name and look for “F” (the chemical symbol for fluorine) in the structural formula.

It has long been known fluoride is bio-accumulative and undermines our protective immune systems – potentially leading to a plethora of illnesses. In 2014 fluoride was declared a neurotoxin, now proven to lower children’s IQ’s.

Some future looking scientists hope to extend human lifespans to perhaps 150 years. Our government seeks to have Australian children perform at the highest academic level internationally.

Neither is likely to be achieved until we get fluoride out of the drinking water.

The Independent

This article was published on 7/5/2017

The fifth anniversary of the fluoridation of Port Macquarie's drinking water supply passed without fanfare on February 27, 2017. NSW Health lobbied our council on and off over a number of years to achieve this result. In Health's misguided view fluoridation provides a 'socially equitable and effective answer to tooth decay'. An increase in the number of local dentists has occurred since the introduction of fluoridation. This is hardly an endorsement of Health's claimed 'effectiveness' of fluoridation!

Your local anti-fluoridation Association, Citizens Against Fluoridation Inc., viewed February 27, 2012, as a day of extreme disappointment resulting from abandonment by the Drew Council and follow-on administrators. Previously, fluoridation was rejected by our council from 1964 until September, 1991 when in a council-sponsored plebiscite (71 % against fluoridation) endorsed council's anti-fluoridation position. This plebiscite was a democratic and resounding renunciation of an outdated policy which mainland European countries have long rejected.

Following persistent lobbying and dishonest scaremongering by NSW Health, the Drew council caved in to pressure and, in 2004, asked NSW Health to decide the issue on our behalf. This was in spite of thousands of petition signatures against fluoridation. Port Macquarie citizens were thus finally cheated of their democratic right to choose whether they agreed to be mass medicated.

Dental health is a responsibility of the Australian Federal government and State Health Departments are responsible for implementation of Federal dental health policies. The policy of Fluoridating drinking water supplies started in the USA and was exported to Australia, Canada and New Zealand around the mid-nineteen fifties. Australia's National Health and Medical Research Council pursued the fluoridation policy with vigour, and Australia has the dubious distinction of having the highest national coverage (around 95 %).

Documentary evidence is available which proves that water fluoridation is a shocking scam that came into being in the USA during the massive war effort in the early 1940's. The unique chemistry of fluorine (fluoride is the salt) is KEY to this deception. Fluorine is the most chemically reactive element amongst the non-metallic elements; its unique properties enable aluminium metal and bomb-grade uranium to be extracted from respective natural minerals. Unfortunately highly poisonous fluorine compounds are produced as unwanted by-products. This presented government and polluting industries with very serious pollution and waste disposal challenges. Researchers affiliated with the aluminium giant ALCOA came up with the concept of adding tiny concentrations of fluoride (1 ppm) to drinking water, of which around 97 % is not drunk by consumers. At this low concentration fluoride was assumed not to cause harm, apart from an admitted increase in dental fluorosis affecting 10-20 % of fluoridated children. US Health downplayed this harm as an acceptable and minor cosmetic effect.

Much money and effort were invested initially by the US Federal Health Department in advertising and brow-beating sceptical dentists, medicos, chemists and water engineers that a tiny concentration (1 ppm) of poisonous fluoride in drinking water reduced tooth decay and did not harm general health. Trial results were fraudulently manipulated to make it appear that toxic fluoride was working as claimed. This type of deception has shamelessly continued from the early 1940's to the present with the full backing of all Anglophile governments and our own National Health and Medical Research Council which does no research of its own. All have stubbornly refused to admit that water

fluoridation promotes under active thyroid, chronic kidney disease, arthritic conditions, Downs Syndrome, cancer and other diseases.

Mainland European countries are essentially non-fluoridated, although several member countries trialled water fluoridation programs for up to 30 years before abandonment due to a variety of reasons, including no proven long-term dental benefit, associated health concerns, availability of other fluoride choices, and a general consensus that water fluoridation is 'mass medication without consent'. These are all excellent reasons for abandoning this deceptive and outdated madness.

Water fluoridation remains a highly contentious and emotive issue in Australia, Canada, New Zealand and the USA where citizens opposed to mandatory fluoridation battle to keep industrial fluoride waste out of their drinking water. On the one hand, governments with their health departments and dental and medical schools at universities promote the dental 'benefits' of fluoridation and shout down critics who are pilloried as unscientific, ignorant and 'ratbags' who have no right questioning the 'wisdom' of trained health professionals. In addition, the multi-national company Colgate has cleverly infiltrated some university dental schools and sponsored Colgate dentistry Professorships in Australia. Coca Cola and the Australian sugar cane industry have vested interests in promoting the 'benefits' of water fluoridation to draw attention away from the fact that excessive sugar intake is a major factor in promoting tooth decay.

A small proportion of Australian dentists draw attention to the damaging sugar-decay linkage. To their credit, they favour education, supervised oral hygiene (even without fluoridated toothpaste) for children, and a low carbohydrate diet as the best overall defence against decay. A highly effective program of this kind is operating in Scotland and may soon get underway in Queensland. Unfortunately outspoken dentists supporting an enlightened and alternative approach risk admonishment from their professional associations which expect loyalty and solidarity in promoting water fluoridation.

ADVICE Accompanying Federal and NSW Parliamentary Petitions Signatures [1,691] on 15/12/2017

1) HOW IS WATER FLUORIDATION AFFECTING YOUR HEALTH? AUSTRALIAN HEALTH DEPARTMENTS CLAIM "BENEFIT" in "REDUCING" TOOTH DECAY AND NO "PROVEN" HARM FROM FLUORIDE.

The Australian Constitution made Dental health a responsibility of the Federal Government, and the NHMRC [National Health and Medical Research Council] administers Water Fluoridation Policy and advises on related health impacts. The latest 2017 Review, reaffirms earlier biased Reviews, thus recommending that councils should opt for water fluoridation to help reduce tooth decay. Although admitting the risk of dental fluorosis – considered a minor aesthetic effect outweighed by the "benefit" of reduction in tooth decay" – other harms/risks to general health are deemed "unproven". In the past, governments erroneously promoted fluoride as a "nutrient" for the body and encouraged parents to give their children fluoride tablets to protect the teeth via the body.

2) FLUORINE/FLUORIDE-CONTAINING COMPOUNDS ARE TYPICALLY HIGHLY TOXIC OR POISONOUS

The International Academy of Oral Medicine and Toxicology (IAOMT; D.C. Kennedy, 2003) rejects government claims of "no proven harms" at the very low levels of fluoride contained in fluoridated drinking water (around 1 part per million (or 1 ppm)). Most Fluoride compounds, including those used as water fluoridating agents, are highly toxic – slightly less so than arsenic but slightly greater than for lead compounds. Fluoride and lead are acknowledged neurotoxins (i.e. damaging nerve cells and brain cells) causing I.Q. impairment in some children and occasional post-operative dementia in adults following long operations. IAOMT reports that fluoride interferes with enzymatic processes and undermines our immune systems; this leads to a range of illnesses and/or making such illnesses worse (e.g. thyroid and kidney dysfunction/illness). The severity of harms is related to total dose/kilo of body weight /day

of ingested fluoride (from all sources), duration of exposure, and significant variations in susceptibility between individuals. Roughly 50 % of the fluoride entering our bodies is retained; it accumulates mainly in our skeletal bones, as well as joints and ligaments, thus promoting inflammation, arthritis, and skeletal fluorosis with bone deformation in extreme cases. The other ~ 50 % of ingested fluoride is voided mostly in our urine and faeces.

The IAOMT reports that large population studies show that fluoride **does not reduce dental decay**. Nor does fluoride have any known beneficial function in our bodies. This contrasts with the tiny amounts of iodine needed in our diets in order to make our natural thyroid hormones (T3 and T4). Salt is needed to provide the sodium chloride contained in our blood plasma and the chloride in the acid-producing cells (hydrochloric acid) of our stomachs. Fluorine, chlorine, bromine and iodine are close chemical 'relatives' (Group 1B), of which fluorine is the lightest and also the most chemically reactive amongst all non-metallic elements.

3) WATER FLUORIDATION WAS INVENTED BY INDUSTRY TO 'SOLVE' A GROWING FLUORIDE POLLUTION PROBLEM

In the USA in the early 1900's the expanding superphosphate and aluminium industries were venting toxic fluorine gases into the atmosphere. Much down-wind damage was done to citrus crops and pastures supporting farm animals, especially in Florida. This led to litigation against the polluting industries, including some by plant workers themselves. Tightening of environmental protection laws followed, leading to 'water scrubbing' and capture of production waste gases from the large superphosphate industry. Fluorosilicic acid, a highly toxic S6 poison, is the problematic and dangerous waste product for which there was no use or market. There was urgent need for collaboration between fluoride polluting superphosphate and aluminium industries and the government to address the growing fluoride pollution problem.

Around 1940 researchers at the Mellon Institute, established by a co-founder of aluminium giant ALCOA, came up with a 'solution' which involved adding the fluoride pollutants to domestic water supplies at very low concentrations – 1 ppm which became the "optimal" dosing concentration. Professional propagandist Edward Bernays helped US Health to convince dentists, doctors and protesting scientists and water engineers that water fluoridation made teeth "stronger" and helped "reduce" tooth decay. This deceptive practice was exported to Britain, Canada, Australia and New Zealand. Mainland Europe is unfluoridated. Why? **PLEASE START YOUR OWN RESEARCH by GOOGLING: 1. Dr. Mercola's 10 Reasons to Reject fluoride, and 2. www.fluoridealert.org.**

J L. 15/11/2017 /PTO

7 REASONS FOR SIGNING THESE TWO PETITIONS

- 1) Water Fluoridation is a FRAUDULENT activity designed to disperse industry's toxic fluoride waste into the wider environment at no cost to polluting industries.
- 2) In NSW, Water Fluoridation is a covert form of environmental pollution currently protected by corrupt laws. The Federal govt. reviews and promotes fluoridation policy.
- 3) Our bodies contain around 67 % water by weight and obviously benefit from the best quality of water attainable. Adding a known neurotoxin to drinking water is insanity.
- 4) Drinking fluoridated water in the long term will undermine family health. Individuals respond differently. Potential harm effects include increased risk of dental fluorosis and I.Q. impairment in children, development of arthritis, underactive thyroid, kidney impairment and cancer in middle age, and an accelerated rate of aging for the elderly. **A probable link to cataract development is a recent finding.**

- 5) Periodic self-serving Government reviews claim “no proven” harm caused by fluoride. However a large body of peer-reviewed scientific studies dating back before the 1950’s contradicts this claim. Two wins against fluoridation have been achieved in US county courts.
- 6) **CONSIDER THIS:** A human mother’s milk contains between 0.004 and 0.04 ppm fluoride: this is extremely low. Similarly, a 1952 QLD sheep study revealed that merino ewes’ milk contained a very low 0.2 ppm fluoride when the sheep drank bore water containing up to 10 ppm fluoride. It thus appears “Mother Nature” is attempting to protect the newborn from fluoride damage. It follows that human mothers are unwise to feed their babies milk formula prepared with fluoridated drinking water containing 1 ppm fluoride recommended by Australian governments.
- 7) Some decades ago, Queensland’s ex-Premier Joh Bjelke-Petersen was pressured by Federal Health to fluoridate QLD’s drinking water supplies. Joh refused, saying “I’m not putting poison in Queensland’s drinking water”! 2004-2006 Australian National Dental health statistics reveal that dental health in Queensland (5 % fluoridated) was not significantly different from other long-fluoridated Australian states. **This is evidence Fluoride does not reduce decay!**

Water fluoridation is mass medication without consent.

Citizens Against Fluoridation

4/5/2017

From 1964 until September 1991 fluoridation was rejected by our council and a council sponsored plebiscite (71% against fluoridation) endorsed council’s anti-fluoridation position. This vote has never been overturned however fluoridation has since been forced upon our community by the NSW Health Department.

There is documentary evidence available that proves water fluoridation is a scam that came into being in the USA during the war effort in the 1940’s. By the mid 1950’s the policy to fluoridate drinking water supplies had been exported to Australia, Canada and New Zealand – Australia now holds the dubious honour of having the highest national coverage of around 95%. Interestingly, mainland European countries after, trialled programs for 30 years, abandoned water fluoridation for various reasons including no proven long-term dental benefits.

Fluoridation of water supplies in Australia remains a highly contentious and emotive issue and there are many citizens opposed to mandatory fluoridation; dedicated individuals fight a continuous battle to try and keep industrial fluoride waste out of our drinking water for the benefit of the people in the community.

Citizen’s Against Fluoride is one such organisation fighting for the democratic right to have safe water supplies. President of Citizen’s Against Fluoridation, Paul Jones says, “In most parts of Australia there is naturally occurring fluoride in water in minute quantities, which is fairly inconsequential. The problem is the artificial fluoride – this is purely industrial waste and it is being released into our water supplies. The dose cannot be controlled due to the huge variations of individual consumption of water and, on top of that – the fluoride is absorbed through the skin every time you shower, bathe or take a swim in a backyard pool. Most people don’t think about that.”

Almost all countries in the EEU are non-fluoridated and according to data from the World Health Organization, there is no discernible difference in tooth decay between the minority of developed countries that fluoridate their water and the majority that do not.

Non-fluoridated Scotland commenced its successful alternative dental health program CHILDSMILE in 2001. Designed to involve children in tooth brushing schemes at pre-school and primary school; CHILDSMILE saves

Scotland 5 million pounds per year and prevents 1,000's of fillings and saves a whole lot of pain and suffering. The program is highly effective and may get underway in Queensland soon.

In the 1950's and 60's it was common practice for kids to be lined up daily and given a fluoride tablet with their morning dose of vitamin C. Thankfully, fluoride tablets are no longer readily available or recommended by any reputable source **because they are poisonous like fluoridated toothpaste which must not be swallowed.**

Dr William Hirzy, vice-president, EPA Union stated, "A real concern with children, especially newborn infants, is that the blood/brain barrier is not fully developed and children are getting an inappropriate dose of fluoride in the developing brain, as seen in the depression of IQ in fluoridated communities."

To find out more go to the Citizens Against Fluoridation Facebook page or chat with President, Paul Jones at the information stand outside Grower's Market on Thursday May 11, 2017.

FLUORIDE (ABSENCE OF) and DIET of 85 Hopewood CHILDREN

From "CHILDREN OF DESTINY" BY RODNEY LIDDELL (one of the Hopewood children) (2000 / self-published)
29/3/2016

INTRODUCTION

This is the incredible story of the raising of the Hopewood children of Australia. It tells how a businessman L.O. Bailey took 85 war babies and raised them into adults on a sugarless, and almost meatless diet of natural and unrefined foods (i.e. wholemeal bread and grain cereals, fresh vegetables and fresh fruit, and nuts with chemical fertilizers replaced by cow manure) and unpasteurised milk. Although they were never vaccinated against any disease and were raised on un-fluoridated water they were virtually free of dental and medical illness. They became the healthiest group of children ever documented anywhere in the western world. To this day the Hopewood diet is the only diet ever recorded to have achieved such vibrant health in children.

Leslie Owen Bailey (Daddy Bailey) was founder and president of the youth Welfare Association of Australia and the Hopewood Homes.